



# Advanced neuro rehabilitation for children and adults

Clinically innovative,  
compassionate, outcome  
focused treatment

[www.psp-uk.co.uk](http://www.psp-uk.co.uk)



# Who we are

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PSP provides specialist neurorehabilitation for children and adults with complex neurological needs.

We work collaboratively with case managers, solicitors, insurers, clients, families and healthcare professionals. We deliver treatment that is personalised, evidence-based and focused on meaningful outcomes.

Our clinicians bring advanced clinical expertise together with a compassionate, person-centred approach — supporting people to improve function, confidence and independence in everyday life.



# Our services

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## Spasticity management

Advanced tone management delivered through specialist assessment, hands-on therapy and injectable treatments including botulinum toxin and nerve blocks.

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## Neuro physiotherapy

Specialist assessment and rehabilitation to improve movement, balance, strength and functional independence.

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## Hand therapy

Targeted upper limb rehabilitation to support functional hand use, dexterity and participation in daily activities.

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## Specialist consultant clinics

Expert clinical input for complex presentations, supporting decision-making and treatment planning.

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## Training and education

Specialist training and education for professionals, families and carers.

# Who we support

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## Supporting professionals

We work closely with case managers, solicitors and insurers to provide:

Clear, outcome-focused treatment programmes

Robust assessment and reporting

Transparent communication throughout intervention

Flexible therapy delivery in appropriate environments

Our clinicians understand the importance of collaboration, clinical governance and evidence-based practice.

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## Supporting clients and families

We support children, adults and families through:

Personalised, goal-led treatment

Therapy delivered at home, school or in the community

Consistency of clinicians

Compassionate, supportive care at every stage

Our focus is on what matters most to the individual and those around them.

# Our approach

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At PSP, neurorehabilitation is always person-centred and goal-driven.

We take time to understand the individual, their environment and what meaningful progress looks like for them. Our clinicians use detailed assessment, collaborative goal-setting and ongoing review to guide intervention.

By combining specialist clinical expertise with practical, real-world therapy, we support lasting progress and improved quality of life.



# Real outcomes

Keeping Finley's world open

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## Background

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Finley was referred to PSP at the age of nine with cerebral palsy, significant involuntary movement disorder and severe lower-limb spasticity. Following major hip surgery, he experienced ongoing pain and increasing difficulty with posture, comfort and everyday function.

Adolescence posed a high risk of deterioration, with unmanaged spasticity threatening his independence, dignity and ability to access ordinary environments.



## PSP approach

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PSP delivered a coordinated, long-term spasticity management pathway focused on real-world function rather than tone alone.

This included targeted botulinum toxin injections, close multidisciplinary collaboration and therapy integrated into standing, transfers and everyday positioning. Treatment was delivered in a trauma-aware, paced way to rebuild confidence and trust in healthcare.



## Outcomes

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Finley experienced a sustained reduction in pain, preservation of joint range and prevention of progressive deformity through adolescence.

Functionally, he maintained assisted standing and transfers, avoided the need for hoisting, and retained access to standard environments.

Today, Finley is studying History with War Studies at university, living in halls and participating fully in young adult life with ongoing support.

# What people say about PSP

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The comprehensive and considered approach from PSP has been transformative for some of my clients who have complex presentations. PSP are clinically astute and thorough.



I would definitely recommended PSP for any training needs in the future. PSP has been approachable and provided a great wealth of knowledge to my client's team and family. Katie has gone above and beyond and carried out interactive and informative training.



Sam feels he has made 'monumental' improvements in his lower limbs recently and describes Michelle as a 'genius'. Whilst he acknowledges that the improvements made are due to a combination of his Botox and therapies, he feels Michelle's attention to detail, clinical reasoning and care have optimised his potential. He's very grateful to have you Michelle.

\*we've changed the name for client privacy



# Our people

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Our multi-disciplinary team is made up of highly experienced clinicians with specialist expertise in neurorehabilitation.

We are committed to clinical excellence, collaborative working and delivering therapy with care, integrity and professionalism - always focused on achieving the best possible outcomes.





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Restoring function, independence and confidence — together.